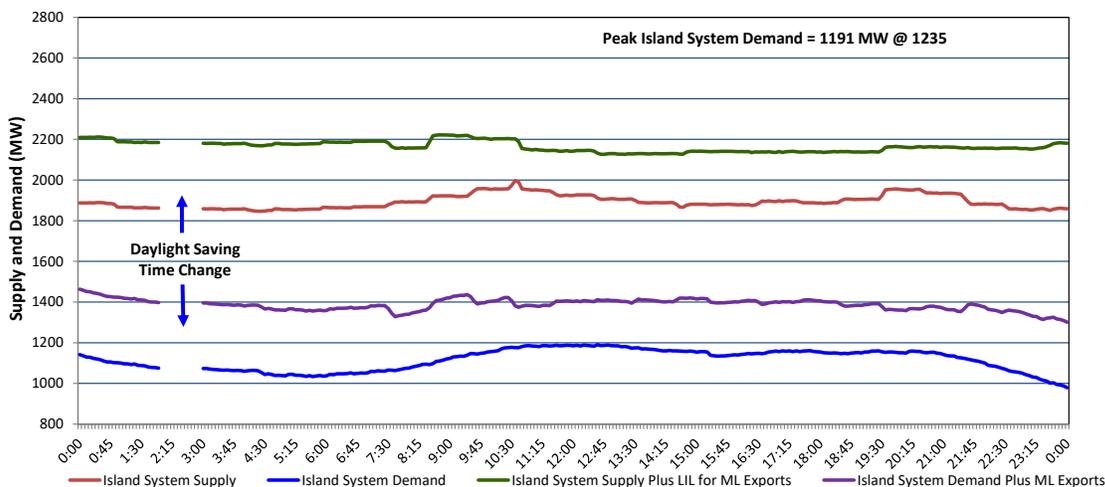


**Newfoundland Labrador Hydro (NLH)
Supply and Demand Status Report Filed Monday, March 09, 2026**

**Section 1
Island Interconnected System - Supply, Demand & Exports
Actual 24 Hour System Performance For Sunday, March 08, 2026**



Island Supply Notes For March 08, 2026

- A As of 1326 hours, February 05, 2026, Cat Arm Unit 2 available at 57 MW due to forced derating (67 MW).
- B As of 0653 hours, February 27, 2026, St. Anthony Diesel Plant available at 6.7 MW due to forced derating (9.7 MW).
- C As of 1342 hours, March 07, 2026, Holyrood Unit 1 unavailable due to forced extension to planned outage 166 MW (170 MW).

**Section 2
Island Interconnected System - Supply, Demand & Outlook**

Mon, Mar 09, 2026	Island System Outlook ²	Seven-Day Forecast	Island System Daily Peak Demand (MW)	
			Forecast ⁸	Adjusted ⁶
Island System Supply: ⁴ NLH Island Generation: ^{3,7} NLH Island Power Purchases: ⁵ NP and CBPP Owned Generation: LIL/ML Net Imports to Island: ⁹	1,883 MW	Monday, March 9, 2026	1,200	1,106
	1,510 MW	Tuesday, March 10, 2026	1,210	1,116
	135 MW	Wednesday, March 11, 2026	1,325	1,230
	220 MW	Thursday, March 12, 2026	1,440	1,343
	18 MW	Friday, March 13, 2026	1,275	1,180
	7-Day Island Peak Demand Forecast:	Saturday, March 14, 2026	1,270	1,175
	1,440 MW	Sunday, March 15, 2026	1,360	1,264

Island Supply Notes For March 09, 2026

- D At 0656 hours, March 09, 2026, Labrador Island Link available at 450 MW due to planned derating (700 MW) - Monopole.**
- Notes:
1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
 2. As of 0800 Hours.
 3. Gross continuous unit output.
 4. Gross output from all Island sources (including Note 3).
 5. NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).
 6. Adjusted for interruptible load and the impact of voltage reduction when applicable.
 7. Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine.
 8. Does not include ML Exports.
 9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.

**Section 3
Island Peak Demand and Exports Information
Previous Day Actual Peak and Current Day Forecast Peak**

Sun, Mar 08, 2026	Island Peak Demand ¹⁰	12:35	1,191 MW
	Exports at Peak		221 MW
	LIL Net Imports to Island		1,414 MWh
Mon, Mar 09, 2026	Forecast Island Peak Demand		1,200 MW

Notes: 10. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).